

The Expectant Father: Facts, Tips and Advice for Dads-to-Be, Second Edition

An information-packed guide to all the emotional, financial and physical changes the father-to-be may experience during the course of his partner's pregnancy. Incorporating the wisdom of top experts in the field, from obstetricians and birth-class instructors to psychologists and sociologists, this book is filled with sound advice and practical tips for men, as well as New Yorker-style cartoons that will keep anxious fathers-to-be chuckling.

Since it was first published several years ago, The Expectant Father has become the indisputable leader in its field. It is an information-packed, month-by-month guide to all the emotional, financial, and yes, even physical changes the father-to-be may experience during the course of his partner's pregnancy. Incorporating the wisdom of top experts in the field, from obstetricians and birth-class instructors to psychologists and sociologists, The Expectant Father is filled with sound advice and practical tips for men, including how to afford a pregnancy; how to juggle work and family roles; how to make sense of your conflicting emotions; what childbirth classes don't teach you; ways to support and encourage your partner throughout the pregnancy; how to start a college fund; how pregnancy affects your sex life; how to deal with the obstacles society places in the way of involved fathers. In the revised and expanded second edition, authors Armin Brott and Jennifer Ash incorporate the latest statistics; update the Resources section to include the many relevant websites that have appeared since the first edition was published; introduce information for adoptive fathers-to-be; address the special concerns of fathers who are expecting twins, triplets, or more babies; and much more. The new edition, like the first, is illustrated with delightful cartoons that will keep even the most anxious fathers-to-be chuckling.